

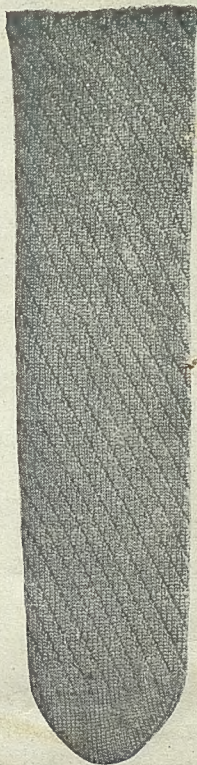
More Soldiers' Comforts.

COOK & PIPER
NEEDLEWORK
&
WOOLS
WHITE ROCK, HASTINGS

To
Those
Who
Wish
To
Help!

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Spiral Heel-less Sock.

Made with Ladyship Wools.

- ¶ You wish to make something which will be a comfort to one of our Soldiers. Remember that your labour is largely thrown away if you do not use a good wool for the work. The extra cost is trifling compared with the extra comfort given and the additional wear.
- ¶ We are sometimes told that people are asking for cheap wools because they are "for the Soldiers." We think that such a remark must be made in thoughtlessness. Do not the Soldiers who have to stand such hardships and continual marching require the very best that we can give them?
- ¶ The yarns recommended in this Leaflet are made of the best grade medium quality, are the most durable, and at the same time obtain their softness by the springiness and elasticity of the wool.

BALDWIN & WALKER, Ltd., HALIFAX.

Make a pair of these now and know that you have provided one Soldier with the very best in the way of Socks.

THE SPIRAL SOCK.

(without heel.)

One of the most interesting directions in this Leaflet.

This is the sock that was used and found so successful by the Japanese Army in the late war, and it is also in great demand for the British Soldiers.

It has the following advantages :—

It is easily made by anyone even though they know nothing about the knitting of socks and stockings.

The same sock will fit any size of foot.

The heel is constantly changed so that the socks will last three or four times as long.

The knitting is arranged in the special spiral form so that it clings closely to the foot and fits better than the shaped socks. One pair of these socks made of the **Ladyship 4 Ply X Fingering** is of more value than many pairs of shaped socks made of hard cheap wools.

MATERIALS REQUIRED:—4 to 5 ozs. of **LADYSHIP 4 ply X FINGERING WOOL.** 4 Steel Needles size 14.

Cast on 68 stitches, 24, 24 and 20.

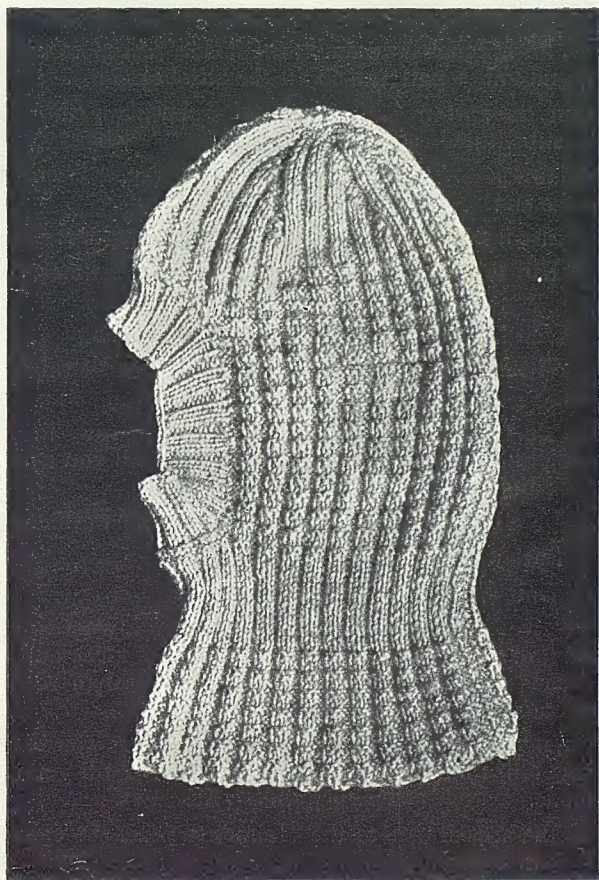
1st row. knit 2, purl 2, continue to end of row.
Knit 20 rows the same as 1st row.

21st row. knit 3, purl 1, and repeat to end of row.
Continue this pattern and at every **4th row** move on 1. The result of this is to make the line of the purl stitch move spirally round the sock as shown in the illustration.

Continue for about 20 ins.

Knit the Toe in the ordinary way.





A KNITTED HELMET.

MATERIALS:—5 oz. of **BALDWIN & WALKERS' (Ltd.) PRIMROSE PETTICOAT WOOL.** 2 long bone or aluminium needles No. 10, and 4 steel needles No. 10, pointed at both ends.

Cast on 116 stitches with the long needles.

1st row. * Knit 2, purl 2, repeat from *

2nd row. Slip 1, Knit 1,* purl 2, knit 2, repeat from *

3rd & 4th rows. Plain.

5th & 6th rows. Like the 2nd row. These 4 rows make the pattern. Repeat them until you complete 7 patterns.
Knit 20 rows of ribbing, knit 2, purl 2.

49th & 50th rows. Plain.

Take a spare needle and knit 45 stitches on it leave these for the present. **Cast off** 26 stitches for the front opening, and knit 48 rows of the pattern on the remaining 45 stitches.

Knit 48 rows of pattern on the 45 stitches left on the spare needle.

Cast on 26 stitches between these 2 side pieces to unite them again, and knit 4 patterns on all the stitches (116).

From this on, the pattern is discontinued and a plain ribbing knit 2, purl 2, substituted for it.

6th row of ribbing. * Ribb 18, knit 2 together, repeat from * 4 times, rib to the end.

7th row. Rib all the way omitting a stitch at each decreasing.

8th row. * Rib 17, knit 2 together, repeat from * 4 times, rib to the end.

9th row. Keep to the ribbing between the decreasing.

10th row. * Rib 16, knit 2 together, repeat from * 4 times, rib to the end.

Continue to decrease 5 times in every alternate row, in 14th and following alternate rows decrease 6 times until you complete 29 rows of ribbing.

30th row. * Knit 2 together, knit 1, repeat from * to the end.

31st row. Purl.

32nd row. Knit 2 together all along.

Break off the wool leaving a long end. Thread a wool needle with the end and pass all the stitches on it, draw close and run into the stitches again a couple of times to strengthen them, Join up the back seam.

With the steel needles pick up and knit stitches round the face opening, knit rounds of ribbing, knit 2, purl 2 till you complete 12 rounds.

It improves the appearance of the Helmet to press the centre of the crown with a warm iron.

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COMBINED CAP & HELMET.

MATERIALS:—7 oz. of LADYSHIP SPORTS WOOL, 3 long knitting needles No. 12.

The Pattern. The ribbed pattern throughout is made by working 2 plain rows and 2 purl rows alternately. No further reference will be made to the pattern, the shaping only will be considered below. The helmet is knitted lengthwise from centre of crown to rim.

Cast on 78 stitches to make a length of 13 inches.

Knit 2 plain rows.

3rd row. Purl 76, turn.

5th row. Knit 74, turn.

7th row. Purl 72, turn.

9th row. Knit 70, turn.

4th row. Purl to the end.

6th row. Knit 74.

8th row. Purl 72.

(continued on next page)



COMBINED CAP AND HELMET.

Continue thus to turn 2 stitches sooner until at the 21st row you turn leaving 20 stitches unknitted. The 22nd row completes one section of the cap.

23rd & 24th rows. The whole way.

25th row. Turn leaving 2 stitches unknitted. Continue to knit in this way till you complete 5 sections that is 110 rows.

111th row. Knit the whole way from brim to top of crown. This brings you to the peak. The shaping of the crown is continued as before when knitting the peak.

112th row. Knit 39 stitches. Put the remaining 39 on a spare needle and leave them for the present.

113th row. Slip 1, increase by knitting into front and back of a stitch, knit till 2 stitches remain, turn. **Increase** at the beginning of every alternate row till you have 13 extra stitches. Knit 3 rows and increase at fourth. Knit 3 rows, increase at fourth. There should now be 54 stitches in peak. The top of crown should be shaped as before. Knit 18 rows without increasing.

173rd row. Slip 1, knit 2 together, finish row in order.

Decrease again at 177th row and 181st row and then in every alternate row till there are again 39 stitches in the peak. Leave these 39 stitches and commence to knit the 39 stitches below the peak.

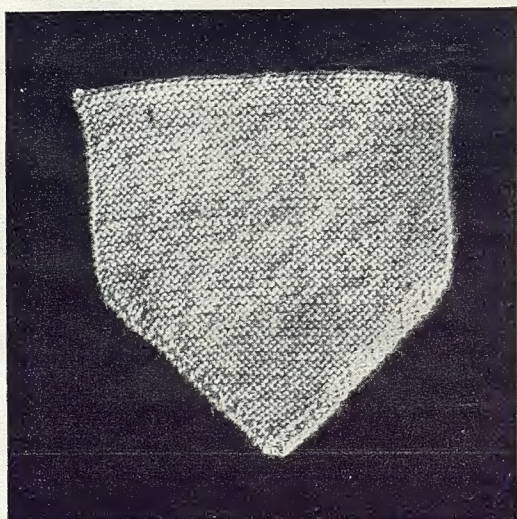
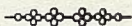
112th row. Knit to brim.

113th row. Knit till 3 stitches remain, decrease, knit last stitch. Repeat these 2 rows 14 times more. Knit 24 rows without decreasing, then increase in every alternate row to correspond with the decreasing until you have again 39 stitches. You must take care to end the peak and the lower portion on the same rows of the pattern.

Knit 5 more complete sections like the first, and then cast off.

Sew up the seam, and draw in the edge of the knitting at the centre of the crown so as to leave no hole.

Turn up the brim level with the beginning of the peak and then fold it over again to bring the edge of the knitting level with the first fold; this makes a cap. To make a helmet use it without folding it. If intended to be worn as a cap it should have the folds pressed with a warm iron in order to mark their proper position.



BINDER BELT (Knitted).

The most useful shape for a Binder Belt is a long straight piece of Knitting with one end pointed. It should measure about 6 ins. in width and from $2\frac{1}{2}$ to 3 yds. in length when slightly stretched. It should be wound three times round the body in spiral fashion and fastened at the point with a strong safety pin. A pin should be supplied with each belt. The advantage of this kind of belt is that, no matter how old it may be, it remains firm and close till it is worn out.

MATERIALS:—10 to 12 skeins **BALDWIN & WALKERS' (Ltd.) PRIMROSE PETTICOAT WOOL**, and a pair of Steel Needles No. 12 for an average knitter.

Cast on 3 stitches and knit a plain row.

2nd row. Slip 1, increase, finish row plain.

Repeat this row until the belt is 6 inches in width, then continue in plain knitting till you have the desired length.

SLEEPING SOCK.

MATERIALS:—For socks of medium size, 8 oz. of LADYSHIP SPORTS WOOL and 2 steel knitting needles No. 10. For large socks 10 ozs. of LADYSHIP SPORTS WOOL and 2 needles No. 9.

Cast on 64 stitches.

Knit 24 rows of ribbing, knit 2, purl 2.

25th & 26th rows. Knit Plain.

27th to 32nd row. Ribbing as before.

Repeat the last 8 rows twice more

50th and every 8th row. Slip 1, knit 2 together, knit till 3 stitches remain. Knit 2 together, knit 1.

51st row. Knit plain.

In the next 6 rows which are ribbed rows allow for the decreasings at beginning and end.

Repeat the last 8 rows till you have only 48 stitches on the needles. Knit a plain row (106th row).

The Heel. Knit 13 stitches in pattern, turn, continue to knit pattern on these 13 stitches till you have 20 rows.

21st, 23rd, 25th & 27th rows. Decrease at beginning by knitting 2nd and 3rd stitches together.

29th row. Cast off 9, leaving one loop. This finishes one half of the heel.

Pick up and knit 14 stitches down the side of the heel, knit in pattern to the end of the needle. Knit the second half of the heel upon the last 13 stitches to correspond with the first half.

Pick up and knit 14 stitches down the side of half-heel and finish the row in pattern. There should now be 52 stitches on the needles.

Knit the ribbing till you come to the next plain row, knit it as follows:—Knit 14, knit 2 together, knit till 16 remain, knit 2 together, knit 14, knit a plain row.

In the next 6 rows of ribbing allow for the 2 decreasings.

Repeat the last 8 rows 3 times more. **Repeat** the pattern 4 times more without decreasing, **Knit** 2 plain rows.

Knit 6 rows of ribbing.

Begin to decrease toe as follows:—* knit 2 together, knit 1, repeat from * to the end. **Knit** a plain row.

2nd decreasing row. * Knit 2 together, repeat from * all across.

Repeat the last 2 rows. Knit a plain row. Break off the wool leaving a long length. Thread a wool needle with this and pass the stitches off the knitting needle on it, draw in close and run the wool twice more through the stitches to strengthen them. Join up the seam along sole and leg, taking care that the raised bars in the pattern exactly meet one another.





CROCHET CAP.

This Cap has a loose folded edge which can be turned down at night. It is also a delightful change from the military cap after a long day.

MATERIALS:—2 skeins of BALDWIN & WALKER'S (Ltd.), PRIMROSE PETTICOAT WOOL. A bone crochet hook of medium size.

The crochet should be firmly done. The rows are done lengthwise from centre of crown to brim and should measure 10 inches. When finished the edge of the brim should measure 24 inches without being stretched.

Commence with 48 chain.

1st row. Miss 1, 47 double crochet.

2nd row. 1 chain, work double stitch alternately into the front and back strands of preceeding row. Turn leaving 1 stitch and without making a chain at the turning thus decreasing 2 stitches.

3rd row. Double stitch alternately into back and front strands of preceeding row, now making a front stitch in to what was a back stitch in the row before and the reverse.

Repeat the last 2 rows until you complete the 11th row.

12th row. Like second row till you come to end of 11th row, work a double stitch to make up for the one lost at beginning of 11th row and work 2 stitches into the end of each rib till you reach the top, There should again be 47 stitches.

13th row. Turn with 1 chain and finish like 3rd row.

Repeat from the 2nd row till the cap is sufficiently large (*i.e.* 24 inches along edge) in the model there are 8 patterns.

Join up the seam and fill up the hole in the centre by working rounds of double stitch, after the first round work only into every alternate stitch. Fasten off securely.

SOLDIERS' SOCKS.

As footwear is a matter of great importance to soldiers on active service, no trouble should be spared to make their socks & stockings satisfactory in every detail.

1. The wool should be of good lasting quality.
2. The knitting should be elastic and soft without being too loose.
3. The socks should be well shaped and of the right size. Heels which are made too short will tramp into holes at once, long pointed toes, which the foot cannot fill, cause blisters.
4. The socks should be fellows; so many careless knitters make one sock a full size larger than the other, because they

will not take the trouble to count rows. It is very difficult to measure knitting accurately. The counting is easy if you run in a thread the first time you count, and remember the number of rows you have counted, you need not then go over them a second time.



Before beginning to knit the sock, try the size of your needles by knitting a small square of stocking web, (i.e. alternate purl and plain rows) ascertain how many rows go to an inch, a half-penny will exactly measure an inch; if you have the number of rows given below for the wool you have used, your needles will be right; if not, change them to a thicker or thinner number as the case may be.

50% of our soldiers require socks to fit $10\frac{1}{2}$ inch feet. 25% require them for 10 inch, and 25% for 11 inch feet.

To Knit $10\frac{1}{2}$ inch Socks with LADYSHIP 3 PLY WHEELING WOOL, use No. 12 needles. 3 skeins of wool are necessary.

Cast on 56 stitches. 20, 20, and 16.

Plain Rose Petticoat 4 ply

Knit 28 rows of ribbing, knit 2, purl 2.

29th row. Plain, raise a stitch for a seam stitch.

Knit 55 more plain rows, always purling the seam.

The Heel. Place the seam stitch in the centre of a needle with 14 stitches on either side of it. The remaining 28 stitches should be divided upon two needles and left till they are needed for the instep. On the heel needles knit in rows backwards and forwards, plain rows when the right side is towards you and purl rows when the wrong side is next to you. In the plain rows, purl the seam, in the purl rows knit it. Always slip the first stitch of every row. Knit until you have 28 rows on the heel needle.

28th row. The 28th should be a purl row. The seam stitch is no longer knitted.

29th row. Knit plain till you complete 2 stitches beyond the seam knit 2 together, knit 1, turn.

30th row. Slip 1, purl 6, purl 2 together, purl 1, turn.

31st row. Slip 1, knit 7, knit 2 together, knit 1, turn.

32nd row. Slip 1, purl 8, purl 2 together, purl 1, turn.

33rd row. Slip 1, knit 9, knit 2 together, knit 1, turn.

Continue thus, knitting or purling one more stitch in each succeeding row, till all the stitches are knitted in. The last should be a purl row, there should be 17 stitches on the heel needle, knit across these.

The instep. With the needle upon which you have these 17 stitches pick up and knit stitches down the left edge of the heel making ~~one stitch after every three~~ picked up. Knit across the instep stitches taking them all on one needle, this is the second needle. With a third needle pick up and knit along the second side of the heel to correspond with the first. Take 8 stitches off the heel needle and knit them on to this third needle. You should now have 28 stitches on first needle, 28 on second, and 27 on third.

2nd round. 1st needle, knit till only 3 stitches remain, knit 2 together, knit 1. 2nd needle, knit plain. 3rd needle, knit 1, slip and bind, (i.e. slip 1, knit 1, pass the slipped stitch over the knitted one) knit the remainder.

3rd round. Knit plain.

Repeat these two rounds until you have 14 stitches on each of the sole needles making altogether 56 stitches, the number you started with,

Knit plain rounds till you have 56 counting from the heel. That is the same number of rounds as you have stitches on the needles.

The Toe. 1st round. 1st needle knit until only 3 stitches remain, knit 2 together, knit 1. 2nd needle, knit 1, slip and bind, knit till only 3 stitches remain, knit 2 together, knit 1. 3rd needle, knit 1, slip and bind, knit the remainder.
Knit 3 rounds plain.

Pick
up
12
down
side
of
heel

5th round. Like the first round of toe. Knit 2 plain rounds.

8th round. Like the first round of toe. Knit 1 round plain.

Repeat the last two rounds until you have 20 stitches on the needles, that is about a third of the number you started with. Turn the sock wrong side out, put the sole stitches all on one needle, and cast of thus:—Knit together one stitch off each needle, ^x knit together one stitch off each needle, draw the first loop over the second; repeat from ^x till all are cast off. Fasten off and run the end of wool a couple of times into the sock to make it quite secure.

LADYSHIP 3 PLY WHEELING WOOL with No. 12 needles should knit 9 stitches to an inch.

Size of foot.	Stitches to cast on.	Rounds of ribbing.	Rounds between ribbing and heel.	Heel rows.	Rounds between heel and toe narrowings.
10 inches	52	26	52	26	52
10½ inches	56	28	56	28	56
11 inches	60	30	60	30	60

LADYSHIP 4 PLY X FINGERING WOOL with No. 13 Needles knits 12 rows to an inch.

10 inches	78	39	78	38	78
10½ inches	82	41	82	40	82
11 inches	86	43	86	42	86



Other Ladyship Leaflets of Soldiers' Comforts.

No. 18. Knitted Helmet and Crochet Cap.

No. 19.	{	Soldiers' Canadian Glove.
		Soldiers' Mittens.
		Crochet Helmet.
		Knitted Muffler.
		Soldiers' Sock.



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